



LGBTQIA Resources

For Anyone Looking to Further Support Themselves or Those They Love

Alcoholics Anonymous:

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. Meetings with an LGBTQ focus can be found in most communities.

It Gets Better Project:

The It Gets Better Project reminds teenagers in the LGBT community that they are not alone, and it will get better.

Genders and Sexualities Alliance Network:

A GSA club is a student-run club in a high school or middle school that brings together LGBTQI+ and straight students to support each other.

Living with Change Resource List:

LWC is an inclusive non-profit that provides education, support, resources, and advocacy for the LGBTQ+ and Transgender community in the Greater Cincinnati area and beyond.

GLAAD Resource List:

GLAAD rewrites the script for LGBTQ acceptance. As a dynamic media force, GLAAD tackles tough issues to shape the narrative and provoke dialogue that leads to cultural change.

GLSEN:

GLSEN (pronounced "glisten") was founded in 1990 to improve an education system that too frequently allows its lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ) students to be bullied, discriminated against, or fall through the cracks.

LGBT National Help Center:

LGBT National Help Center offers confidential peer support connections for LGBT youth, adults and seniors including phone, text and online chat

National Alliance on Mental Illness - LGBTQ Resources:

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.





National Center for Transgender Equality:

Resources for transgender individuals, including information on the right to access health care

National Eating Disorders Association - LGBTQ Information:

The National Eating Disorders Association (NEDA) is the largest nonprofit organization dedicated to supporting individuals and families affected by eating disorders.

PFLAG:

Founded in 1973 after the simple act of a mother publicly supporting her gay son, PFLAG is the nation's largest family and ally organization.

Trevor Support Center:

The Trevor Project is a national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people.

The Safe Zone Project:

The Safe Zone Project is a free online resource for powerful, effective LGBTQ awareness and ally training workshops.

*****There may be additional local resources in your area. Search keywords like "LGBTQ community center," "LGBTQ Organizations," "LGBTQ Resources"**

